



# Tidworth 10k & 3k Fun Run

## A sponsored charity run at Tedworth House

Principal Sponsor



I wish to take part in the Tidworth 10k  3k  please send me my sponsorship and information pack.  
(You must be over 16 to take part in the 10k) I enclose payment of £

Full Name

Address

Postcode

Tel

Email

Age (if under 16)

We'd love to know why you have decided to take part and support the Stars Appeal. For example, do you have a special reason for getting involved? Perhaps you or a loved one has been cared for at Salisbury District Hospital or you may be running to celebrate the life of someone close.

  
  

### How much are you aiming to raise in sponsorship for the Stars Appeal?

£

This is just a target and will not be charged as part of your entry fee. There is no minimum amount that we ask participants to raise, but every pound you raise in sponsorship really does make a difference. As a charity we rely overwhelmingly on the success of fundraising events such as the Tidworth 10k and 3k fun run to help us continue our life-saving work and knowing how much we may raise from this event helps greatly with our planning. (If you'd rather just sponsor yourself [i.e. make a donation], then just put that amount here.) Please remember that your entry fee only covers the cost of organising the event. Thank you.

Please sign and date the boxes below to confirm that you have read and accept the terms & conditions of entry below.

Signature

Date

### T-shirt

Child 30"  Child 34"  Small 36"  Medium 38-40"  Large 42-44"  XXL 46"

### Entry Fees

Adults £10.00, Under 16s £7.00

You must be 16 or over to take part in the 10k  
**Make cheques payable to "Stars Appeal"**

**Closing date for entries is 23rd October.**

Race no issued  (office use only).

Please return this form to:

Hannah Payne, Tidworth 10k, Stars Appeal, Salisbury District Hospital, Salisbury, Wiltshire SP2 8BJ or register online at [www.tidworth10k.co.uk](http://www.tidworth10k.co.uk).

### TERMS AND CONDITIONS OF ENTRY

By registering for the Tidworth 10k/3k fun run you agree to accept the following:

- 1) I understand that if I am in doubt about my health, or have a medical condition that could be affected by exercise, that I should obtain my doctors approval before participating in this event as it involves strenuous exercise.
- 2) I understand that participants aged under 16 may not participate in the 10k race and that all participants aged under 18 should be accompanied by a responsible adult who has also registered for the event.
- 3) I understand that I take part in this event entirely at my own risk.
- 4) I understand that this is a fundraising event and pledge to raise sponsorship money in addition to my entry fee.
- 5) By taking part, all participants confirm that they are happy for their names and any footage or photographs taken during their participation in this event to be used to publicise the Tidworth 10k and the Stars Appeal generally, including television broadcasts.

[www.starsappeal.org](http://www.starsappeal.org)

The Stars Appeal, Salisbury District Hospital, Salisbury, SP2 8BJ 01722 429005

The Stars Appeal Registered charity number 1052284 Registered in England as Salisbury District Hospital Charitable Fund.