



President: The Earl of Pembroke

STARS APPEAL NEWS

Fundraising News from
Salisbury District
Hospital's Charity

Winter 2015



See inside for...

- ★ Salisbury's first Breast Unit is on its way!
- ★ The Legacy that's helping Spinal Centre Patients
- ★ CT scanners - a year on...

Plus:

- ★ Your chance to win a car in our big Christmas Raffle



The Stars Appeal is Salisbury District Hospital's charity. We raise money to create the best possible experience for patients and their families by funding enhanced care, equipment and facilities across all wards and departments, over and above that provided by the NHS.

A message from our Chairman

Well, what a year! Thanks to all of your generous donations and incredible fundraising, there is even more care and equipment being added to our Hospital. Local patients are reaping the benefits of everything you do for us and their time in our hospital is made so much easier thanks to you.

Along with your marvellous donations, many of you have walked, run, trekked, jumped, baked, sung and taken part in so many other activities to raise money. Our Walk for Wards was our largest ever, over 2,000 of you joined us at Wilton House this year, it was a truly magical, and very emotional day.

We now have two CT scanners working hard for you all, and next year we will open Salisbury's first-ever dedicated Breast Unit! Projects like these, along with the many others your support has made possible (Children's Unit, Neonatal Unit, Cardiac Suite, to name but three), help thousands of local people and their families every month. And I am delighted that many articles in this newsletter have been written by people at the very heart of what the Stars Appeal does: our patients and medical staff.

You should be rightly proud of what you are achieving. Thank you VERY much for every penny, and please keep supporting us so we can maintain what we have achieved so far and do more to make life better for local people in Hospital.



Wishing you a very Happy and Healthy Christmas and New Year.

Toddy Westropp

Chairman of the Stars Appeal

Keep in Touch

Call us on 01722 429005

Email us at info@starsappeal.org

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The Stars Appeal

Salisbury District Hospital, Salisbury, Wiltshire, SP2 8BJ

Registered Charity No: 1052284



With thanks to the Salisbury Journal, John Rose Photography and Simon Ward for pictures. Cover photo: Breast Nurses Sonnya Dabill and Shirley Holmes with Breast Surgeons Anna Aertssen and Vicky Brown at the site for the new Breast Unit.

Please let us know if you would no longer like to receive this newsletter or if you would rather receive it by email.

Fundraising continues as Salisbury's first Breast Unit becomes a reality

Thanks to your generous support of our Breast Cancer Unit Campaign we'll soon be caring for our patients in Salisbury's first dedicated Breast Unit.

Due for completion in summer 2016, the new Unit will provide the best possible facilities for our patients with dedicated waiting, diagnostic, treatment and counselling rooms. And we're enjoying working with patients and designers to create a calm, light and dignified environment.

We have always aimed for the highest standards, but being able to provide all our outpatient services in a purpose-built environment will make a massive difference by enabling us to provide quicker diagnosis and better, more holistic care.

The Unit will be named after Salisbury's David Brown, (pictured) who made a particularly substantial donation to the campaign. Our many other generous donors will also be recognised within the Unit and there will be a chance to see the Unit once complete - please get in touch for more details.

We are delighted that people are continuing to support the campaign since we reached our initial target in August.

These vital funds will enable us to enhance the new Unit further and to offer extra support to the many local people we will treat there in years to come.

Thank you once again for your amazing support which will benefit so many local breast patients.

Anna Vicky

Miss Vicky Brown and Miss Anna Aertssen

Consultant Surgeons and joint Chairs of the Breast Cancer Unit Campaign



The legacy that is changing spinal patients' lives

Zac France, aged 22, broke his neck playing rugby in March this year. "I don't remember the accident, just waking up in Hospital unable to move".

When we met Zac, he told us how Sonya Wade, one of the two Recreational Co-ordinators for the Spinal Centre, has been helping him. Sonya's role and the activities she organises are funded thanks to a legacy from Mrs Maureen Smith, a kind-hearted former spinal patient who remembered the Centre in her Will.

"After my injury, I was confined to my hospital bed for nearly three months and it was a long time before I could even consider going out. But with Sonya's help, I was able to make a few short trips into town.

After what happened, I wasn't sure I could watch Rugby again, even on the telly. But Sonya arranged for me to go to the first rugby games I'd seen since my injury. It was quite emotional for me - I almost felt like crying. I got to meet Johnny Wilkinson and talk to him - absolutely a dream come true.

Leaving the Centre was daunting at first, but having Sonya sitting next to me, just asking if I was okay, that helped a lot. You fear that when you go out everyone's going to view you differently but actually you realise that isn't the reality and it is so nice to see other people.

Going out in a group is also massively important. You're all together and if anything happens you've got each other. Sonya took a group of 16 of us to the pub for a meal and it was amazing. Everyone was smiling! I can't use my right hand that well, so I needed some help, but it was just so nice to be able to go out and do something that you used to be able to do.



Zac France with
Sonya Wade, Spinal Centre
Recreational Co-ordinator

Zac meeting rugby legend
Jonny Wilkinson



Sonya arranges lunches, concerts and barbecues so everyone in the Centre can come together and get to know each other, even if they can't get out of bed. You are just talking to people and socialising with everyone. That really helps create a community here. Sonya even includes our families in things so we can all enjoy being together.

Because of Sonya I've seen what life could be like for me, rather than just sitting in hospital and wondering 'what if'. Having Sonya there, taking me out and experiencing everyday things that we all take for granted, is the first step of getting to be the person you were before. I'm going home soon and I've just applied to do a course in personal training. I wouldn't be where I am now if it wasn't for Sonya and people who support the Stars Appeal, so I can't thank them enough."

"Because of Sonya I've seen what life could be like for me, rather than just sitting in hospital and wondering 'what if'..."

Please remember Salisbury District Hospital in your Will

Gifts left in people's Wills to our charity, like the one that pays for Sonya's work, fund many vital projects for the benefit of the local community and are a valuable and lasting way to support your Hospital.

Legacies which are left to Salisbury District Hospital will not be subject to any Inheritance Tax. Since 2012, if you choose to leave 10% of your net Estate to Charity, the taxable component of your Estate will benefit from a 10% reduction in Inheritance Tax. We have recently formed a partnership with local solicitors Parker Bullen, who can prepare straightforward Wills free of charge for you if you wish to benefit the Stars Appeal.

If you would like to know more, or if you wish to arrange a tour of projects at the Hospital that legacies have made possible, please contact Dave Cates at the Stars Appeal on 01722 429005.

**PARKER
BULLEN**

New CT scanners helping thousands of local people

A year on from their installation, the two new CT scanners have already helped thousands of local people, and it's all thanks to supporters like you, who donated over £1million to our CT scanner Campaign. This enabled us to purchase not only a second CT scanner but also to significantly upgrade the Hospital's existing machine.

Much of my work involves helping people with bowel cancer. The new scanners mean I can offer my patients a quicker diagnosis, with faster treatment resulting in a shorter hospital stay, and reduced levels of stress and worry.

Furthermore the benefit of these wonderful new machines is being felt far and wide - here are just a few of the things my consultant colleagues said when I asked for their feedback:

"Our patients with time-critical emergencies, such as head injuries, are now getting their diagnostic imaging even more quickly, reducing the time it takes to make a diagnosis and enabling us to start treatment sooner. Salisbury is now a top performer in the region for time to CT." **Dr Neil Robinson, Consultant in Emergency Medicine**

"With two scanners, not only do our patients not have to wait, but we no longer have to transfer patients to other hospitals. In short, the new scanners have greatly enhanced stroke care." **Dr David Walters, Stroke Consultant**

"The new scanners are easier to access, use the latest technology and are quicker. This is so much better for children who are often worried and frightened and, importantly, it involves less irradiation. Basically a big thank you from all of us who care for children."

Dr Carl Taylor, Consultant Paediatrician

If you'd like a more detailed report, or to arrange a visit to see the scanners, please get in touch by calling 01722 429005.

Once again, thank you for supporting the CT Scanner Campaign and please join me in continuing to support the work of the Stars Appeal which is making such a difference across all aspects of our Hospital here in Salisbury.

Helen Chave.

*Consultant Surgeon and Chair
of the CT Scanner Campaign*



Christmas RAFFLE

Win a car! and help your local hospital

We're giving away a brand new car in our Christmas Raffle which will raise much needed funds to help support our vital work benefitting thousands of local people here at Salisbury District Hospital.

The Kia Picanto, which has kindly been supplied by FJ Chalke of Mere, is a stylish city car that offers low-running costs, a seven-year warranty and great equipment levels.

As well as this fabulous brand new car, there are £1,000, £500 and other cash prizes for the runners up.

Tickets are just £1 each and we've included two books of 5 tickets with this newsletter.

To buy your tickets, fill in and return the stubs along with a cheque for the appropriate amount (payable to the Stars Appeal) in the Freepost envelope provided. For more tickets for yourself, or to sell to family and friends, drop into the Stars Appeal bookshop in the Hospital main entrance or call the Stars Appeal office on 01722 429005.

We draw the raffle in early January, so please return your stubs by 31st December.



James Chalke of FJ Chalke presents the keys to 2014's winner Mrs Evill of Gillingham

RAISE FUNDS WHILST CHRISTMAS SHOPPING ONLINE

Give as you Live™



www.giveasyoulive.com/join/starsappeal

Community support

We get such great support from local people each year and 2015 has been particularly busy in our community! We're grateful to everyone that supports us, and although we don't have enough space to mention you all, here are a few examples:



- Nicky Duvall organised an ABBA Revival night at the City Hall and raised an incredible £10,000! All in support of the **Breast Cancer Unit** campaign.
- Louise Bennett held her 4th Mere Fair raising £1,397 bringing her grand total to date for the **Neonatal Unit** to a wonderful £4,497.

- Arlene & Terry Wiseman and friends raised over £7,000 for the **Breast Cancer Unit** campaign from their Fish & Chip Supper Charity Evening!
- **Spire FM** organised 'Bring a Pound to Work Day' on 1st October raising over £4,000. Huge thanks to them and all that took part.



- The South Wilts Charity Football Cup donated £500 to the **Accident & Emergency Department**.
- Our **charity bookshop** in the Hospital's main entrance is run entirely by volunteers and raises around £35,000 a year. Our thanks to all the bookshop volunteers.



- “Oh no they didn’t, oh yes they did”. The Coombe Bissett & Homington Drama Club presented £1,000 to the **Breast Cancer Unit campaign**.
- Bemerton Flower Arrangers kindly donated £1,300 to the **Breast Cancer Unit campaign** from their various fundraising activities during the year.



Moore Stephens screening of SPECTRE

- Accountants Moore Stephens South organised a gala screening of the new Bond film *SPECTRE* and raised an amazing £16,000 in memory of Sue Richardson, the wife of partner, Peter Richardson.
- Salisbury Rotary & Chamber Community Group raised a marvellous £10,000 for the **Breast Cancer Unit campaign** by holding a Gala Quiz and a Golf Day.

Sporting Events & Challenges

- In May, Spire FM's Martin Starke led a team of hospital staff, local business people and other Stars Appeal supporters to trek the Grand Canyon. Between them they raised a whopping £68,000.



Spire FM Grand Canyon Trek

- Salisbury's first Race 4 Men was kindly organised by The Body Lounge and raised over an incredible £13,000 for our **Prostate Cancer fund**.

- B-Fit Bootcamp climbed Snowdon and reached a wonderful £5,337 for the **Breast Cancer Unit campaign**.
- Iain Golby raised £1,970 by running in the Bath Half Marathon for the **Benson Suite**.
- Alan Kells and team completed the Grand Combin Trek as a thank you to Dr Warley and the respiratory team. They raised over £2,500 to help fellow **respiratory patients**.
- Simon Gulliver jumped out of a plane, raising over £1,000 for the **Neonatal Unit**.
- The Bleinham Palace Triathlon was undertaken by Victoria Northcott and, along with some other fundraising, Victoria kindly raised £4,367 for the **Breast Cancer Unit campaign**.



B-Fit Bootcamp



Alan Kells Respiratory Trek

Flagship Events

- Over 2,000 people registered to take part in this year's **Walk for Wards** raising a record £105,000! The walk takes place at Wilton House each year by kind permission of Lord & Lady Pembroke, with support from the Wilton Estate team. Our thanks to all involved, particularly all the fantastic walkers, marshals from the Wilton Rotary Club and our sponsors Salisbury Reds. See back page for details of next year's walk which is already open for registration! Join us and walk to raise funds for the ward/department of your choice.



- The annual **Rockbourne Fair** took place in October and looks to have raised £50,000. The fair is kindly organised by a voluntary committee. There was lots of Christmas Shopping by the 3,500 visitors!



- The **Tidworth 10k & 3k fun run** took place in October with over 400 runners. Sponsorship is still coming in but we hope to have raised over £20,000. Huge thanks to the Royal Tank Regiment for assisting with the organisation, our sponsors Wilton Wholefoods and everyone that took part.



If you'd like to fundraise to support us please call Gemma Heath on 01722 429005 to get your free fundraising pack!

SalisburyJournal

The heartbeat of our community since 1729

Our founding media partners, the Salisbury Journal, have once again provided fantastic coverage of all our fundraising news throughout the year. Our thanks, as ever, to Bill Browne and his team. Keep an eye on the paper and their website for all the latest news about the Stars Appeal.

Huge thanks to all our supporters. You are making a difference for patients at Salisbury District Hospital.



Walk for Wards

Principal sponsor:

Salisbury
reds

at Wilton House

**Sunday
3rd July
2016**

**Sign up at
www.starsappeal.org**



Your donation...

Please accept my donation of:

£

Please make cheques payable to Stars Appeal.

Title: _____ Forename: _____

Surname: _____

Address: _____

Postcode: _____

Telephone: _____ Email: _____

Please tell us here if your gift is to benefit a particular ward, department or project

giftaid it

Yes ☐ Please tick

Date: / /

Gift Aid - Make your gift grow by at least 25% at no extra cost to you.

Please tick the box and date to confirm the following:

I confirm I have paid or will pay an amount of Income Tax and/or Capital Gains Tax for each tax year (6 April to 5 April) that is at least equal to the amount of tax that all the charities or Community Amateur Sports Clubs (CASCs) that I donate to will reclaim on my gifts for that tax year. I understand that other taxes such as VAT and Council Tax do not qualify. I understand the charity will reclaim 28p of tax on every £1 that I give up to 5 April 2008 and will reclaim 25p of tax on every £1 that I give on or after 6 April 2008.

We acknowledge all donations but if you would prefer not to receive a thank you letter please tick here: ☐

**You can also donate online at
www.starsappeal.org**

Thank You

Please return to: The Stars Appeal, Salisbury District Hospital, Salisbury, Wiltshire SP2 8BJ
The Stars Appeal is a Registered Charity No. 1052284